

Island Pregnancy Centre

Volunteer Opportunities

Thank you for your interest in volunteering at the Island Pregnancy Centre. We have many opportunities for volunteers to be involved and new opportunities arise often! We have routine tasks that we need help with regularly and other things are specific to a certain time of year or event. If you have any special talents, skills or gifts that you think might be useful to the Centre, feel free to contact us and we can likely find a place for you to help out! Everyone has a different amount of time or energy that they can commit to volunteering and we have a variety of options that can allow you the flexibility to be involved as much as you would like.



Island Pregnancy Centre

220 University Ave. Charlottetown, PE

Contact Us:

centredirector1@gmail.com

phone: (902) 370-3700

'Mom's Night Out' Program

We host monthly 'Mom's Night Out' events for clients and other moms to come and get a chance to talk and learn while doing a fun activity. Our clients **LOVE** this event! However, we need extra help to make this possible:

Child care - we need volunteers to help supervise the clients' children while they attend the event.

Snacks - we need help providing snacks for the event, this could be a baked item or cut up fruit and juice boxes; whatever the volunteer would like to provide!

Mom mentor - This is a program we are developing that would partner our clients with other 'Mentor moms' to learn and grow in their parenting and relationship skills. For now, this is mainly attending monthly 'Mom's Night Out' events & interacting with clients.

After Hours Tasks

Outdoor helper/ Handyman

~ help with the overall maintenance of the Centre's building (ie/cut the grass, wash the windows etc)

Fundraising helpers

~ help with prep work before/after fundraisers or help with the actual events. We are also always looking for new ideas for fundraisers so feel free to contact us with your suggestions!



Baby Boutique Blitz

This would be a special evening event where a group of volunteers would come to sort/fold a larger donation of clothes or perhaps shift our display items for the season (warm to cold weather clothes etc)

~ Contact us to be added to the list of volunteers and we can give you the date of our next blitz!

Routine roles (needed on daily/weekly basis)

Front Desk Coverage

~ helping to answer phones, greet clients and doing light paperwork (copying, mailing etc)

Baby Boutique helper

~ helping to sort & fold clothes and manage material goods, as well as interact with clients as they come in

Baby Boutique organizer

~ sorting, folding and hanging up our clothing donations; washing off any donated equipment and just helping to organize the baby boutique but wouldn't need to interact with clients (some of this can be done after hours as well).

Peer counselor

~ This would include a 21hr training course to provide the skills to work closely with our clients.

Cleaner

~Help keep the Centre tidy and presentable for clients' comfort by helping do dishes, sweeping, vacuuming and cleaning the bathroom.



Volunteers for the '**Routine Roles**' may choose to come in on a weekly basis or once a month. If you are interested in helping us with any of these roles, please contact us. Please let us know your availability and we can schedule you into a time that suits everyone.

We look forward to having **you** become a part of the work we are doing at the Centre!

Pregnancy Centre Church Advocates:

~ Representatives from each church to act as our advocates among the congregation. These people would get updates of latest news, events or fundraisers from the Centre and help promote this in their own church. This would be an opportunity to be involved without having to actually come into the Centre.